

# CHANGE THE GAME

UNLOCK THE REALITY OF YOUTH GAMBLING

## Warning Signs of Youth Problem Gambling



Students miss school with no explanation.



Disinterest towards extracurricular activities.



Behavior becomes more secretive, defensive or aggressive.

## Know the Consequences



Students may lose money they need for school.



Increased risk for delinquency and crime.



Emotional stress and depression can build in youth.

## How To Make A Difference



### SET LIMITS:

Create household rules around setting time limits for device use.



### GO ANALOG:

Create activities that don't involve screen time.



### CONTROL DEVICES:

Utilize parental controls on devices to limit use of online transactions.

FOR MORE INFORMATION VISIT:

[ChangeTheGameOhio.Org](http://ChangeTheGameOhio.Org)

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**org**  
ohio for responsible gambling





## THE REALITY OF YOUTH GAMBLING

# What Parents Need to Know About Youth Gambling



### What is Gambling?

Any act that involves risking money or valuables on the outcome of a game or contest that is mostly determined by chance.



### Video Games & Gambling

Young people spend hours playing games on computers and mobile devices. Many of the games, with their coins, gems, loot boxes, and skins, replicate real-life gambling situations. Young people also play cards, bet on sports and gamble online.



### Teens are Gambling

Many gaming apps are marketed to 2-17 year-olds, and children introduced to gambling by age 12 are 4x more likely to have problems. 6.5% of 14-21 year-olds are at risk of problem gambling.

The shift from gaming habit to gambling problem is subtle. But the risks aren't. Learn how to lower the risks for youth at [ChangeTheGameOhio.org](http://ChangeTheGameOhio.org)

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