



## CLASSROOM WORKSHEET

# Youth Gambling Group Discussion

Break into small groups and answer the questions below. Select a person to report your answers to the rest of the class.

### Video Games & Gambling

1. In today's digital age, many of the video games you play simulate the behaviors of gambling. Do any of the games or apps you use try to get you to spend money for in-game upgrades or other rewards? List any examples below:

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### Gambling Warning Signs

2. The first step toward helping a friend who may have a gambling problem is knowing what to look for. Can you list 3-5 warning signs that someone you know may be gambling?

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### Lower Your Risk

3. Limiting access to gambling-type games is more challenging because of easy access to mobile devices. What are some of the things you can do on a daily basis to lower your risks of problem gambling?

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### What Are The Odds?

4. One of gambling's greatest lures is the promise of "The Big Win." But the odds are always against you. In fact, you're more likely to be diagnosed with the plague than win the lottery. Help destroy the myth of "The Big Win." Tell us five things more likely to happen to you than winning big with gambling. And don't be afraid to get a little weird.

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